



14305 Southcross Drive West, Suite 110
Burnsville, MN 55306

14001 Ridgedale Drive, Suite 300
Minnetonka, MN 55305

Vitalize Peel

CONSENT

Patients who should not be treated:

- ❖ Patients with active cold sores, warts, skin with open wounds, sunburn, excessively sensitive skin, dermatitis or inflammatory rosacea in the area to be treated. Inform the nurse if you have any history of Herpes Virus (cold sores).
- ❖ People who have taken Isotretinoin (accutane) within the past year.
- ❖ Patients who have received chemotherapy or radiation therapy.
- ❖ Patients with a history of an autoimmune disease (such as rheumatoid arthritis, psoriasis, lupus, multiple sclerosis, etc.) or any condition that may weaken their immune system.
- ❖ Patients with a history of allergies to salicylic acid or aspirin.
- ❖ Patients who are pregnant or breastfeeding.
- ❖ Patients with vitiligo.

Note: Patients who have had medical cosmetic facial treatments or procedures (laser therapy, surgical procedures, cosmetic filler, microdermabrasion, etc.) should wait until skin sensitivity completely resolves before receiving a Vitalize peel.

One week before your Vitalize Peel, avoid these products and/or procedures:

- ❖ Electrolysis
- ❖ Waxing
- ❖ Depilatory creams
- ❖ Laser Hair Removal
- ❖ Patients who have had Botox treatment should wait until it has taken full effect before receiving a Vitalize Peel.

Three days before your Vitalize Peel, avoid these products and/or procedures:

- ❖ Retin-A, Renova, Differin, Tazorac, Tretinoin.
- ❖ Any products containing retinol, alpha-hydroxy acid, beta-hydroxy acid, or benzoyl peroxide.
- ❖ Any exfoliating product or procedure that may be drying or irritating.

Note: The use of these products/procedures prior to your peel may increase skin sensitivity and cause a stronger reaction.

Adverse experiences that may occur after your vitalize peel:

It is common and expected that your skin will be red, dry, possibly itchy and/or irritated. It is also possible that other adverse experiences (side effects) may occur. Although rare, the following adverse experiences have been reported by patients after having a Vitalize Peel:

- ❖ Skin breakouts or acne
- ❖ Rash
- ❖ Swelling
- ❖ Burning.

Call the office immediately if you have any unexpected problems after the procedure

Variations in amount of peeling for Vitalize Peel:

The degree of peeling may vary from mild flaking to skin peeling in sheets depending on the individual's skin type and condition at the time of the peel. Reasons why some patients experience decreased visible peeling:

- ❖ Receiving Vitalize peel for the first time
- ❖ Severe sun damage (increased visible peeling should develop with subsequent peels)
- ❖ Having peels regularly with a short interval between peels
- ❖ Frequent use of Retin-A, alpha-hydroxy acid or other peeling agents prior to the peel

Regardless of the degree of peeling the skin is still sloughing off at an accelerated rate which will result in the improvement of skin tone, texture, and diminishment of fine lines and pigmentation.

Please read the following:

- ❖ I do not have any of the conditions described in the "Patients who should not receive treatment" section.
- ❖ I understand that the actual degree of improvement cannot be predicted or guaranteed.
- ❖ I understand that the amount of visible peeling cannot be predicted or guaranteed.
- ❖ I understand that I may need several peels to achieve optimal results.
- ❖ I understand that for optimum results, the post-peel instructions must be followed utilizing skin care products recommended by my physician or nurse.

By my signature below, I acknowledge that I have read and understand this consent. I have been given the opportunity to ask questions and my questions have been answered to my satisfaction. I have been adequately informed of the risks and benefits of this treatment and wish to proceed with a Vitalize Peel.

The nursing staff will have you sign the electronic consent form once you are brought back to your room. Feel free to ask any questions at that time.