

Consent for Sclerotherapy Treatment

I hereby authorize Dr. Nancy Leitch/Dr. Kathryn Gehrig and associates/assistants and other healthcare providers he/she deems necessary, to treat my legs, spider, varicose, and reticular veins using sclerotherapy. I understand that my condition is not life threatening, considered to be cosmetic, and not covered by insurance. I have been informed of potential consequences of my condition, ranging from the cosmetic appearance of veins, leg discomfort and swelling to possible leg ulcer development. I also recognize that venous disease is a chronic disorder, and that new veins may develop over time, which may or may not require further treatment.

Procedure: Sclerotherapy is the injection of medication with a needle into unwanted veins. The goal is to irritate the veins from the inside so these veins close and no longer fill with blood. Several treatments are usually required to obtain desired result.

Treatment Options: There are generally no major risks if I elect not to have treatment. I am aware that alternative treatments exist and can include no treatment, compression therapy, surgery, and ablation with laser.

Risks: There are risks associated with this treatment. I understand that complications can occur and include but are not limited to these listed below:

- Brownish discoloration. This is not uncommon but is usually temporary. It could take several months or longer to resolve. It is uncommon for discoloration to be permanent.
- Clusters of spider veins. These small veins often resolve spontaneously, may need treatment in an attempt to clear them, and could be permanent even with treatment.
- Bruising is common and typically resolves over a few days to weeks.
- Blistering, redness, itching, irritation, swelling or pain can occur but are usually temporary.
- Infection is very rare.
- Ulceration and scarring occur rarely.
- Allergic reactions are rare. They range in severity from mild to life threatening reactions.
- Inflammation around a vein can occur. This may be tender but generally resolves with treatment. Tenderness, bruising or firmness in the treated area can occur and may be long lasting but rarely permanent.
- Deep vein thrombosis (blood clots) and pulmonary embolism (clot in the lungs) are rare.

Benefits: This procedure may decrease discomfort and other symptoms from leg veins, and may provide an improved cosmetic appearance. I am aware that no available treatment for spider, reticular and/or varicose veins is successful 100% of the time.

Multiple treatments may be required. Treated veins may fail to close, or may close and then re-open. Additional or alternative treatments may be required. Results are not guaranteed.

I have discussed and have been given the opportunity to ask questions about my condition, alternative forms of treatment, risks of non-treatment, the procedures to be used, and the risks and hazards involved. I believe I have sufficient information to give this informed consent.

The nursing staff will have you sign the electronic consent form once you are brought back to your room. Feel free to ask any questions at that time.



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